

DISCOVERIES • ADVENTURES • SURPRISES



Härjedalen

– WITH A TASTE OF SUMMER –

The adventures of Härjedalen



Härjedalen is located in the middle of Sweden yet in a different world: a world where virtually every road or path leads to beneficial recreation and relaxation.

This is a world where you and your family are always welcome to spend days filled with joy, excitement and an urge to discover; days that provide you with memories for the rest of your lives.

The great family adventure comes in many different shapes. It can be the fishing trip to the glittering tarn harbouring the watchful grayling or a hike across the abundance of the floral mountains. You may reach it by canoe, mountain bike or on horseback. You encounter it in the meetings with genuine local heritage when visiting mountain farms and well preserved villages.

The conditions and necessities of the wilderness have

formed the local culture. Some 7,000 years ago, the last of the inland ice sheets thawed, leaving the wild reindeer and elk to discover new pastures. Following them came the first tribes of hunters and fishermen.

No one knows how long the Sami people have lived in the Härjedalen mountains. They could be descendants of the first huntsmen or, on the other hand may only have arrived in the 17th century. Many years after them, farmers, foresters and miners came to settle in the province. All these

people have left their mark on the Härjedalen culture and a heritage for us to care for and preserve.

This brochure will take you through the highest province in Sweden, presenting what awaits the summer visitors.

**We wish you
a warm
welcome to
Härjedalen.**



RECIPE FOR A GREAT SUMMER ADVENTURE

INGREDIENTS:

- An unlimited supply of scenic places
- A large selection of activities
- 1 pinch challenge
- 1 handful peace and quiet
- 1 armful fresh scented summer air
- Free access to bathing
- Sufficient amount of time



PREPARATION:

Distribute the activities in the scenic surroundings; combine according to taste with peace and quiet, sprinkling with challenges. Spread the fresh air evenly over the preparation and whenever desired, add a refreshing dip. Let the preparation take the time that it deserves.

**We provide the ingredients and preparation.
Could we please have some of your time?**

Funäsdalsfjällen



In the Funäsdalen mountains, the southernmost alpine area in Sweden with some 40 summits reaching higher than 1,000 metres, nature and the great summer adventures are always near.



Come for an adventure!

Härjedalen was built by the Sami, by miners and mountain farmers.

A visit to the Härjedalen Fjällmuseum in Funäsdalen provides you with a fascinating picture of how people lived, their everyday lives as well as on more festive occasions. Adjacent to the museum is Fornminnesparken with several interesting 19th century buildings. The more ancient heritage is present at Flatruet on the face of a rock where paintings tell of a people of hunters and their quarry: elks, wild reindeer and bears. The rock paintings are 4,000 to 6,000 years old. The area that these hunters populated is to a large extent just as untouched today as it was in those days. Funäsdalsfjällen is a world of magic, full of experiences and adventures, relaxation and recreation.

450 km of hiking path lies waiting to be explored. Two days' walk from Ramundberget,

the Helags rises with the southernmost glacier in the country, at 1,796 m. The trail passes Mittäkläppen, a fabulously lush floral mountain, matched only by the Hamra mountain. At Mittäkläppen, you will also find the start of Fäbodturen, a five-km long hiking trail through the well-preserved summer pasture area.

The canoeing waters of Funäsdalen are many and tempting. The lush river Ljusnan offers easy downstream paddling. An alternative is the unique lake Rogen, ranked as one of the best canoeing waters in Europe.

There are canoes for hire and many opportunities to join a guided excursion, ranging from easy day trips to canoeing adventures over several days, finally reaching the Norwegian town Röros. You can also make the most of Funäsdalen on the strong and safe back of an Icelandic horse. You can choose between single and multiple days, with overnight stays in tents or farms.

The Funäsdalen area is also a fishing paradise with anything from easily accessed waters for the whole family to the challenging upper mountain waters for the experts. Angling or fly-fishing? The choice is all yours.

In the area near Tännäs, a special species of grayling is found in several of the waters, a delicacy cooked and served straight from the lake. Other common species in the waters in the province are char, salmon trout and whitefish.

Keen golfers can tee up at two of the most scenic and spectacular courses in Sweden: Ljusnedal with 18 holes and Ramundberget with nine. "This is as good as it gets", commented the magazine Svensk Golf after a visit.

Information and accommodation

There are many alternatives for accommodation, such as hotels, guesthouses, holiday villages, private cabins and camping sites. For bookings and further information, please contact the tourist information centre.



FUNÄSDALENS TURISTBYRÅ
Rörosvägen 30, SE 840 95 Funäsdalen.
Tel +46-(0)684-164 10.
Fax +46-(0)684-290 26.
info@funasdalsfjall.se
www.funasdalsfjall.se

Hede – the Sonfjället area



When the bears at Sonfjället awake from hibernation, we know that spring and summer have come to Hede and the Sonfjället area. A time of the year when holiday dreams come true for the entire family.



Discoveries and surprises

The bear is the Härjedalen province symbol and Sonfjället National Park has the largest population of bears of the Nordic countries. The park was set up in 1909 with the purpose of protecting the bear.

Other inhabitants in the area include elks, lynx, wolverines, beavers and otter. The Hede turist agency (turistbyrå) can also book guided bear tours for you, where you are sure to see traces of bear as well as other wild animals. Maybe even peep inside the vacated lairs. The Sonfjället National Park is intersected by hiking paths in the singular landscape.

At the foot of the Sonfjället mountain is located the scenic Nyvallens Nature Reserve

with Nyvallens Fäbod, a summer farm still in use. Östvallen is the other active summer farm in the Sonfjället area. Both farms welcome visitors.

Other popular hikes include a day on Särvfjället, an excursion to Långåvålen and Långå Skans or a ramble to the easy and lush Lillfjället

The nature in the Sonfjället area and all the sights can also be enjoyed from the back of a horse on a guided hack. A bike ride, on paths or local roads, is an alternative. River Ljusnan and the other waters are excellent for canoeing. You are quite likely to be accompanied by a beaver or two.

Fishing is great and rich in the Sonfjället area, in still as well as streaming waters. You increase your chances of a catch by hiring a

guide, someone who knows where the best waters are and can tell of the flora, fauna and sights in the area.

Hede church, from the Rococo period is well worth visiting. Hede is the centre in the area, offering all the services you will need for your excursions and plenty of other activities.

Children never turn down a visit to Hede Camping with a waterslide, outdoor pool, miniature golf and tennis courts.

Another adventure, packed with action is found at the go-cart course, a few km from the village centre. Furthermore, in Hede you can find a beautifully situated 18-hole golf course where you can play an exciting round of golf.

Information and accommodation

Remember to pay a visit to the attractive Hembygdsgården homestead museum, and the nearby local tourist information centre. You will get help booking activities as well as find information on all the gems and events in the Sonfjället area. You can also find out more about accommodation at a summer farm, a fishing camp, tavern, holiday village or at a camping site.



HEDE TURISTBYRÅ
Ljusnevägen 14, SE-840 93 Hede
Tel.: +46-(0)684-410 80
Fax: +46-(0)684-108 10
hedeturistbyro@swipnet.se
www.hedeinfo.com

Vemdalen



Great opportunities for climbing, for hikes in grand mountain nature, paddling, biking and riding, for culture and cowboy parties. It is high time to discover Vemdalen in summer.

Surprised by nature

Vemdalen is an area with an extensive history, marked by forestry and farming, for a long time the main activities here.

The old homestead museum, Hembygds-gården, with its 20 buildings dating back to the 18th century, presents an interesting picture of the old Vemdalen.

During the summer months you can enjoy musical nights, handicraft days with cheese-baking, weaving and thin-bread making.



The octagonal church, built in wood is one of the most interesting in the country. It was finished in 1763.

Fishing is one of the great summer adventures in Vemdalen. The local fishery conservation associations have put in a lot of work to provide easy access to fishing waters where the entire family can join in the fun. A number of paths have been cleared and shelters with barbecues and cabins built. The experienced fisherman will accept the challenge from the large graylings in Veman. Anyone wishing to increase the chances of a catch is well advised to book a guide but there are also courses in fly-fishing and fly making. There are several major fishing competitions organised during summer.

The Vemdalen mountains present easy hikes on the 180 km of marked trails leading up to the summits and along bubbling brooks. Several of the trails lead to scenic summer farms, one of the still active ones is Nyvallen in the Sonfjället National Park. Other trails lead to cafés serving waffles.

You can also enjoy the mountains from the back of an Icelandic or north-Sweden horse, ranging from a short day trip to demanding multi-day rides.

The best canoeing water is found in Veman, home to several beaver colonies. The forests are criss-crossed by narrow roads, ideal for biking excursions.

Golfers are not to miss the Klövsjö course, offering 18 holes in glorious mountain nature. Hede also presents a nine-hole course.

Local fairs and auctions are traditional summer events and in Vemdalen the calendar is well packed. At Hedlanda, will be organised aviation days with participants from near and afar, and the trotting races at Björnvalla will include many well known drivers. Come August, it is time to dig out the cowboy boots in preparation for one of the largest country music festivals in the country, when the Vemdalen Camping is transformed into Hamp Hole City.



Information and accommodation

The accommodation available is in hostels, camping sites and cabins, all booked by the tourist information centre. Here you can also learn more about the events and activities this summer in Vemdalen.

VEMDALENS TURISTBYRÅ
Centrumgatan 1, SE-840 92 Vemdalen.
Tel.: +46-(0)684-302 70.
Fax: +46-(0)684-303 30
info@vemdalen.nu
www.vemdalen.nu



How to get to Härjedalen

The province of Härjedalen, in the middle of Sweden is best reached by car, on good roads. The distance from Stockholm is 420 km and from Göteborg 570 km. The perhaps most comfortable means of transport is our own coach service from Stockholm several days every week during summer. The coach travels via Uppsala, Gävle, Bollnäs and Ljusdal.

The best alternative for our visitors from the European continent is by ferry from Kiel or the Danish port Fredrikshavn. From Great Britain there are ferries from Harwich and Newcastle. You can choose to cruise to Göteborg or to Oslo in Norway.

Oslo–Härjedalen	360 km
Stockholm–Härjedalen	360 km
Göteborg–Härjedalen	570 km
Malmö–Härjedalen	810 km
Sundsvall–Härjedalen	170 km

Tourist information centres in Härjedalen

Funäsdalen

Rörosvägen 30, 840 95 Funäsdalen
Tel +46-(0)684-164 10
Fax +46-(0)684-290 26
www.funasdalsfjall.se
info@funasdalsfjall.se

Hede

Ljusnevägen 14, 840 93 Hede
Tel +46-(0)684-410 80
Fax +46-(0)684-108 10
www.hedeinfo.com
hedeturistbyro@swipnet.se

Vemdalen

Centrumg. 1, 840 92 Vemdalen
Tel +46-(0)684-302 70
Fax +46-(0)684-303 30
www.vemdalen.nu
info@vemdalen.nu

Lillhärdal

Härjulfsväg, 840 80 Lillhärdal
Tel +46-(0)680-300 50
Fax +46-(0)687-300 70
www.harjulfresor.com
harjulfresor@telia.com

Lofsdalen

Lofsdalsvägen 37, 840 85 Lofsdalen
Tel +46-(0)680-412 33
Fax +46-(0)680-415 25
www.herjedalen.se/turism/lofsdalen.
tb@lofsdalsfjallen.se

Ytterhogdal

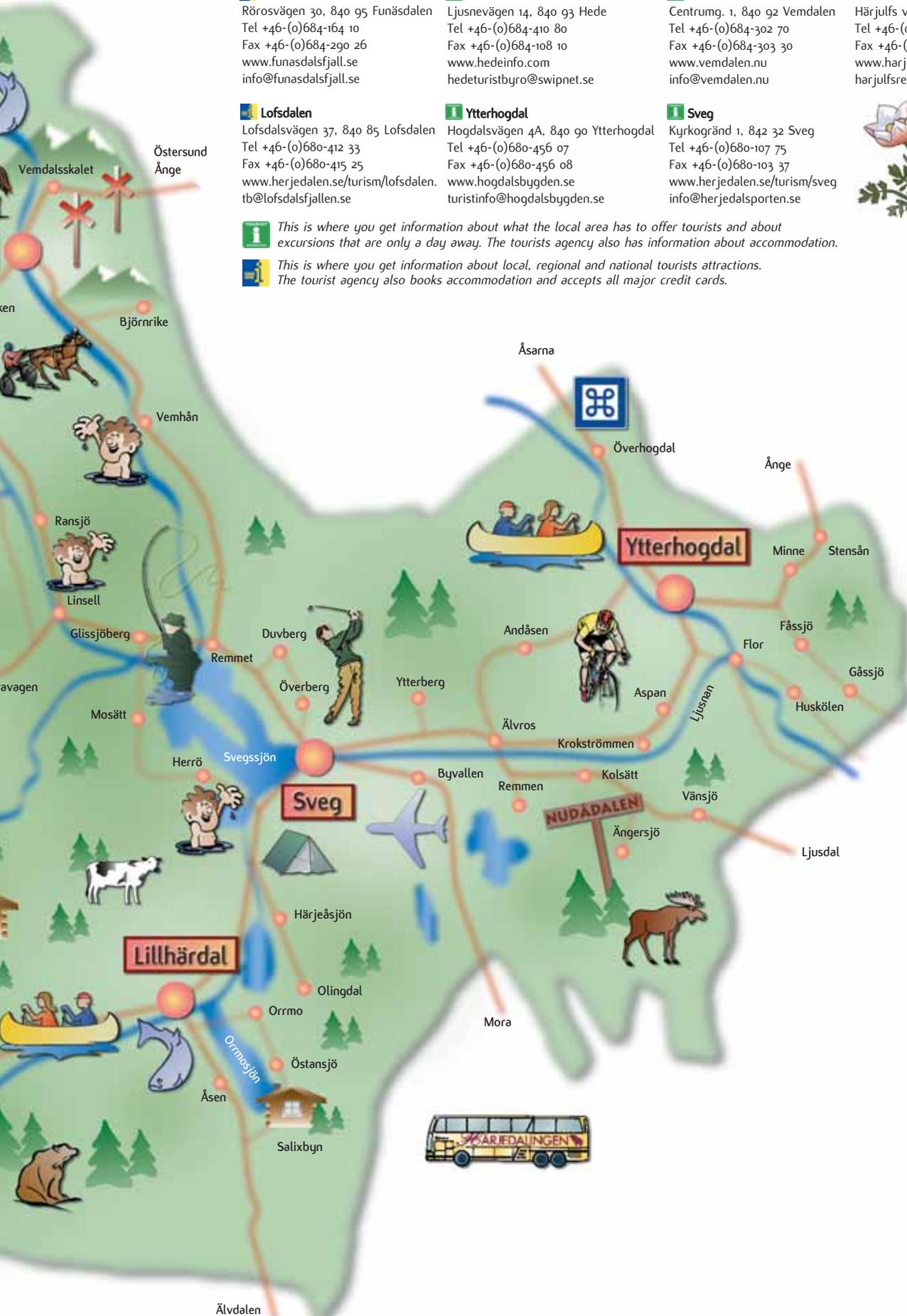
Hogdalsvägen 4A, 840 90 Ytterhogdal
Tel +46-(0)680-456 07
Fax +46-(0)680-456 08
www.hogdalsbygden.se
turistinfo@hogdalsbygden.se

Sveg

Kyrkogränd 1, 842 32 Sveg
Tel +46-(0)680-107 75
Fax +46-(0)680-103 37
www.herjedalen.se/turism/sveg
info@herjedalsporten.se

 This is where you get information about what the local area has to offer tourists and about excursions that are only a day away. The tourists agency also has information about accommodation.

 This is where you get information about local, regional and national tourists attractions. The tourist agency also books accommodation and accepts all major credit cards.



The Hogdal area



The Hogdal area is the home to extensive forests, bluish mountains, glittering lakes and waters, filled with encounters with genuine Härjedalen heritage and a land of adventures for the whole family

Experience culture and adventures.

The Överhogdal tapestry is most singular among cultural treasures. The exhibition in Överhogdals Forngård tells its story. The tapestry, woven at least one thousand years ago depicts people, animals and buildings together with details, yet to be interpreted on a ground of unbleached linen. Just as secretive is the history that the weaver wanted to convey to posterity.



Forestry used to be the main source of income for the people in the Hogdal area and Ängersjö Skogsmuseum depicts this usually arduous

work. You may inspect the foresters huts, try the tools and taste a 'Kolbulle', the traditional pancake meal.

The homestead museums in the area, presenting other remains from the old days, show how people lived in the 18th and 19th centuries, with exhibits of utility goods, clothes and much more.

The old Hogdal heritage is also apparent at the small water mills, the hydroelectric power stations as well as the waterways where the richness of the forests was floated.

For today's visitors to the villages in Hogdal, the forests and waters present rich areas for relaxation, experiences and activities.

A walk on the soft footpaths, in the quiet forests takes you as far a way from daily stress as is possible and the number of places to visit is plentiful.

Biking is another way of discovering the area. The tourist information centre offers maps with biking and hiking routes and can tell of the various sights along the routes. There are guided horseback tours starting from Vänsjö.

Those keen on fishing will find opportunities in abundance in tarns, lakes and streaming waters, such as river Ljusnan or Hoan. There are boats to hire as well as guides.

The Hoan canoeing waters rank among the best in the province, floating through wilderness and cultivated land, including some pleasantly exciting rapids.

Also worth visiting is the village Ängersjö, scene of last year's children's TV programme



'Kaspar i Nudådalen'. The village is just as picturesque during summer and in Folkets Hus, an exhibition portrays the filming.

Information and accommodation

All information about the Hogdal area is available at the tourist information centre, as well as canoe rental, fishing permits, maps and booking of accommodation in B&B or cabins. The staff can also help you with organising a complete package, including everything you wish.

HOGDALS TURISTBYRÅ
Hogdalsvägen 4 A SE-840 90 Ytterhogdal.
Tel.: +46-(0)680-456 07.
Fax: +46-(0)680-456 08.
turistinfo@hogdalsbygden.se
www.hogdalsbygden.se

Sveg – the gateway to Härjedalen



Festivals and culture, shopping and services, activities and adventures – Sveg and the other villages in the area open up their arms to offer families memorable summer moments.

There are two large supermarkets in Sveg and some 40 other shops providing what else you may need.

The centre of activities

In Sveg, the highways 45 and 84 meet, making the village a natural gateway to Härjedalen for those who approach from the south. There are many reasons to make a long stop in Sveg and the surrounding villages in the gateway to Härjedalen.

The summer festivities are the best. One of the summer celebrations is "Handelns dag" on the 4th Friday in July. It is a day full of pleasure, with markets and activities in the streets and on the market square.

For those interested in ancient Swedish building traditions and villages can look



forward to many interesting experiences here. Ytterberg is a village situated high up on a mountain with grand views over the area. A seven-km long footpath leads here from Sveg and once there, you can admire the buildings, cow-houses and sheds from the 18th and 19th centuries.

The village Duvberg, 10 km north of Sveg is just as old and well preserved.

In the village Remmet, west of Sveg, is Gammelremsgården, dating back to the early 18th century with fabulous ceiling and wall paintings. The oldest remaining buildings in the area are found in Äggen, including a 14th century barn.

On the shores of river Ljusnan, Älvros is situated with its churches, the oldest one dating back to the 16th century. The bell tower and parish hall were added in the 18th c.

In addition to the organised events, summer in the gateway to Härjedalen is one long festival for the fishing enthusiasts.

There are many great fishing grounds waiting, such as in Ljusnan running through central Sveg and the acknowledged fly-fishing waters in Ytterberg. The tourist information centre will know where the best catches are.

Swimming is another favourite summer activity and the area has several good beaches, popular in particular among children.

There are many easy hiking and biking paths and jogging tracks at Svegs Skidstadion for those seeking a bit more exercise

There is a golf course at Byvallen and miniature golf at Svegs Camping.

For your provisions before the excursions, there are two large supermarkets in Sveg and some 40 other shops providing what else you may need.



Information and accommodation

When staying overnight in Sveg, you can choose a hotel, camping or hostel.

At Turistbyrån, you can find out more about accommodation and any other queries regarding summer in Härjedalen.

SVEGS TURISTBYRÅ
Kyrkogränd 1, SE-842 32 Sveg.
Tel.: +46-(0)680-107 75.
info@herjedalsporten.se
www.herjedalen.se/turism/sveg

Lofsdalen



Lofsdalen is a small village at the foot of the grand mountains on the border of the endless wilderness. Fishing, hiking and bear or elk safaris are some of the highlights during summer in this genuine mountain village.

Enjoy the adventures in the wilderness

The village is situated on the shores of the twenty-km long lake Lofssjön and here is where the great fishing adventure starts. The lake harbours giant species; the biggest one so far, caught on a rod weighted all of 9.6 kg. Catches weighing over a kilo are more common here than anywhere else in Härjedalen. Will we see a new record this summer?

The fishery conservation area Lofsdalen-Glöte encompasses 124,000 acres, all covered by a single fishing permit. The best catches here consist of salmon trout, char, grayling and perch, caught in the numerous lakes, tarns and streams.

Here you can go on an elk and bear safari by minibus. The knowledgeable guide will lead you to the areas where wild animals can be found. Also a walking tour to a bear's winter lair would



be appreciated by the whole family. Another exciting event is a beaver safari.

A biking excursion around Lofssjön, undertaken on your own or together with your family, we recommend as a full day trip. The old traps along the lake make the stops interesting. There are bikes for hire. A four-km long nature path leads up to the top of the mighty Hovärken mountain, and 10 information boards describe the local flora and fauna.

On the mountain, 150 km of marked trail invite to shorter or longer hikes in the scenic world where reindeer, elks, foxes, hares and bears live.

Rombovallen, on the Pilgrim trail offers pleasant relaxation by the open fireplace in Själastugan. If you want to try orienteering in the mountains, there is a map and 40 controls in the area.

On board the M/S Lofsdalen you can experience our beautiful landscape, seen from the water. Furthermore you can enjoy fishing, a good meal, a hot sauna and even refreshing and healthy swimming. The ship is equipped with a sonar and fish trap.

Trollstigen, an exciting walking tour together with the blueberry witch Loffelina who will take you on a tour to the world of the trolls. There you will meet both big and small trolls, witches, animals and other playful creatures.

Information and accommodation

The village offers the shops and services necessary to make the best of your holiday. Accommodation is available in cabins or apartments, in self-catering rooms, at the camping unless you prefer to set up your own tent on the mountain. The tourist information centre will



answer all your queries on accommodation or what else you need to know about the adventures and activities in summer in Lofsdalen.

LOFSDALENS TURISTBYRÅ
Lofsdalsvägen 37, SE-840 85 Lofsdalen.

Tel.: +46-(0)680-412 33.

Fax: +46-(0)680-415 25.

tb@lofsdalsfjallen.se

www.herjedalen.se/turism/lofsdalen.

Lillhärdal



Lillhärdal is a genuine Härjedalen village, distant from the main roads. The area has a character of its own and a beauty to relieve our stressed minds. In Lillhärdal, you are near the wilderness.

Discover the land of sagas and mystery

In the middle of the ninth century, a man came to settle in Lillhärdal, a man who according to legend gave Härjedalen its name. He was a Norwegian Viking, named Härjulf Hornbrytaren ('the horn breaker') and was fleeing after falling into disfavour with his king. Maybe he came here to find the qualities still characterising Lillhärdal: untouched wilderness, serenity and peace of mind.

Lillhärdal encompasses 240 square kilometres of unexploited wilderness with forests and mountains. The endless forests are filled



with delicacies such as berries and mushrooms. The large bogs shine of golden cloudbberries.

Big challenges are waiting here for the true fishing enthusiasts along more than 30 lakes and 200 km of rushing water. With salmon trout, char, grayling, whitefish, perch, pike and burbot – this is paradise for fishermen of all ages. The best way to find the richest waters is to hire one of the knowledgeable guides in the area.

This is wilderness with many miles of trails and paths for hikers and bikers. Some of the exciting places to visit are the game traps dating back to the Stone Age, or Spångmyrholmen, the site of the last witch-trial in Sweden.

In 1668, a woman called Stor-Märet was burnt at the stake, charged with dealings with the devil and attending the witches' reunion at Blåkulla. A different kind of history can be experienced at Hamre Skans, a fortification built in the 18th century.

Another place to visit is Bildhöst, the last active summer farm in Lillhärdal, where the animals still graze and keep the landscape open. Along many of the routes there are remains of old summer farms.

You should also visit Högen, a farm with buildings dating back to the 17th century. The farm is considered one of the very best examples of old Swedish building traditions and provides unique insight into the old conditions of living. The medieval church in central Lillhärdal has many beautiful treasures.

Sälixbyn, the recently opened camp in the middle of the forest near Saxån is the centre for many of the wilderness adventures in Lillhärdal. It is a good starting point for the great canoeing adventures and also for guided horseback rides. The fishing in Saxån and nearby waters is given high rating by experts.



Information and accommodation

Sälixbyn also offers accommodation in rustic log cabins. Other alternatives are Lillhärdals Tavern, Härjulfsgården and Lillhärdals Camping. You will find all kinds of information about Lillhärdal at the tourist information centre as well as assistance with bookings.

LILLHÄRDALS TURISTBYRÅ
Härjulfsvägen 5, SE-840 80 Lillhärdal.
Tel.: +46-(0)680-300 50.
Fax: +46-(0)680-300 70.
harjulfresor@telia.com
www.harjulfresor.com

A winter paradise



ALREADY IN LATE NOVEMBER Härjedalen has changed into winter costume. The ski season starts at this time of the year and continues to the end of April. There are three classic winter resorts in the middle of Härjedalen: Funäsdalsfjällen, Vemdalen and Lofs dalen. All together there are more than 160 pistes, well prepared cross-country tracks and hundreds of miles of marked trails on the mountain.



Härjedalens Kommun Näringslivsenheten/turism SE-842 80 Sveg
Tel +46-(0)680-163 68 • Fax +46-(0)680-121 88

www.harjedalen.se